

# PARADISE LOST, and REGAIN'D.



**A**LL Christian People now attend,  
A worthy poem I have penn'd,  
Relating how the world began,  
And also the first fall of man.

When God did heaven & earth create,  
The Waters he divided strait,  
All by his mighty blessed hand,  
Thus God divided Sea and Land.

God gave command, & there was light,  
The Sun by day, the Moon by night,  
The Stars and Planets too with all,  
Were placed in the spacious Ball.

The Cattle, Beasts & Birds with wings,  
And every kind of creeping things,  
All fruits and Herbs of yielding seed,  
Was by the hand of God decreed.

God saw 'twas good, and lik'd it well,  
As we from Holy writ may tell,  
God in six days we understand,  
Did finish what he took in hand.

For when the sixth day was begun,  
God said, come let us now make man,  
In our Image he shall be,  
To glorify our Majesty.

The Man was made upright and fair,  
For to adorn the heavenly air,  
God having breathed on the same,  
Man strait a living soul became,

The seventh day the Lord did rest,  
Which day he sanctify'd and blest,  
To keep it wholly we therefore,  
Should every one his name adore.

The Man was framed of the dust,  
And named Adam at the first:  
And every thing that God had fram'd,  
He gave to Adam to be nam'd,

Adam nam'd them as he thought fit,  
The Lord was pleas'd and liked it,  
And then did make this strict decree,  
All things to man should subject be.

In Edens Garden plac'd he were,  
Adorn'd with Trees and Fruits most rare,  
God gave those Fruits to Adam's will,  
Save that from knowing good from Ill.

God said, Man is alone, I see,  
A helpmate now for him must be,  
God took one of his ribs, we know,  
And formed him a Mate also.

Now when the Lord he had her fram'd  
Woman by Adam she was nam'd,  
Saying this is Flesh and Bone of me,  
So Man and Wife one Flesh must be.

Before the world created was,  
Satan rebell'd against God's Laws,  
Regions of angels with him fell,  
For Pride into the Lake of Hell.

Because the Lord did him deny,  
Man's happiness he did envy,  
He thought the World to overthrow,  
And bring Man to the gulph of woe.

The Serpent then I do protest,  
More subtle was than any beast;  
With E V E he had a long dispute,  
To taste of the forbidden fruit.

The Serpent said, be rul'd by me,  
And pluck the Fruit from off the Tree,  
You'll be as Gods, then said the Devil,  
And you will know both good and evil.

She pluck'd the fruit it tasted sweet,  
And gave to Adam for to eat,  
The which did all their glory blast,  
They out of paradise was cast,

God said the woman shall be still,  
Subject unto her Husband's will,  
Also I will decree that thou,  
Shall work with sweat upon thy brow.

Nevertheless the Woman's seed,  
Shall break the Serpents Head indeed,  
And thou shalt bruise his heel behold,  
This was our Saviour's birth foretold,

Two Sons had Adam by his wife,  
Adorn'd with trouble, care and strife,  
Both Cain and Abel and I say,  
Cain being the eldest bore the sway,

For Cain a wretched sinful man,  
The first of murders he began,  
He did obey the Devil's will,  
His brother Abel's blood did spill.

God was offended very sore,  
And set a Mark on Cain therefore,  
Murder doth cry we do record,  
Aloud for Vengeance to the Lord.

The World increased full of evil,  
Men took delight to serve the Devil,  
Seeing Man's ways the Lord began,  
To grieve that he at first made Man.

Man's wickedness did God annoy,  
He said I will all flesh destroy,  
Full forty Days I'll cause it to rain,  
That no flesh may alive remain.

But Noah and his Family,  
In favour were with God on high,  
Three Sons he had when the flood came,  
Shem, Ham, and Japhet, call'd by name,

God gave command as he thought good  
To make an ark of Gopher wood,  
I shall declare from holy writ,  
The length the breadth and height of it.

'Twas pitch'd and made secure & strong,  
And full three hundred Cubits long,  
Full thirty high and fifty wide,  
A door was plac'd on the Side.

Full stories three as we do write,  
A window made to give them light,  
God then thought fit to save their lives,  
Of Noah, his Wife, his Sons, their wives,

This Ark in building it appears,  
Was the space of an hundred years,  
Both male and female of each kind,  
Were in the Ark preserv'd we find.

Above the highest hill we knew,  
This mighty flood did overflow,  
And bore the Ark upon the same,  
That they may praise God's holy name,

In the sixth Month to give account,  
The Ark did rest upon the Mount,  
Then Noah saw the rain was ceas'd,  
And that the Waters were decreas'd,

Now when the flood was more declin'd  
He sent a Raven forth we find,  
And next a Dove who stay'd short space,  
For they could find no resting place,

Then he once more sent forth the same,  
Back with an Olive leaf it came,  
His joy was then exceeding great,  
Finding the Waters did abate.

He sent his Dove but to the plain,  
It never more return'd again,  
A twelve month space or very night,  
It was before the earth was dry.

God said to Noah come forth in peace,  
And let all things once more increase,  
God plac'd his Bow to shew therefore,  
That he would drown the world no more,

The World was multiplied once more,  
But full of evil as before,  
They rather chose much greater Evil,  
And took delight to serve the Devil.

For at that Time Men were so vile,  
Their Daughters dear for to defile,  
Which great abomination was,  
Unto God's holy Laws.

Some holy righteous men there were,  
Who glorified the Lord by Prayer,  
God blessed their seed and did afford,  
Them Gifts to preach his holy word.

And for these righteous peoples sakes,  
God did on us compassion take,  
And sent his Son on Earth we find,  
To take the nature of mankind.

To tell you true all must have fell,  
Down to the lowest pit of Hell,  
Had not our Saviour Christ been slain,  
Man's blest Salvation to obtain,

When buried down to Hell he pass'd,  
To triumph and chain Satan fast,  
Who goes no further than his chain,  
The third day Christ did rise again.

Christ is ascend'd up to Heaven,  
The Comforter to us is given,  
One God divided into three,  
Without which none can saved be,

Address yourselves to Christ divine,  
And in his blest communion join,  
Think of your sins your Life renew,  
Be one with Christ and Christ with you.

A Christian's duty I'll impart,  
To bear no malice in his heart,  
But love his neighbour as himself,  
And never covet worldly wealth,

Endeavour still ne'er to transgress,  
And shun the sin of drunkenness,  
When such a filthy sin takes place,  
All other sins come on apace,

So to conclude and make an end,  
Help us good Lord for to amend,  
That when our sinful bodies die,  
Our souls may reign with Christ on high,

F I N I S.